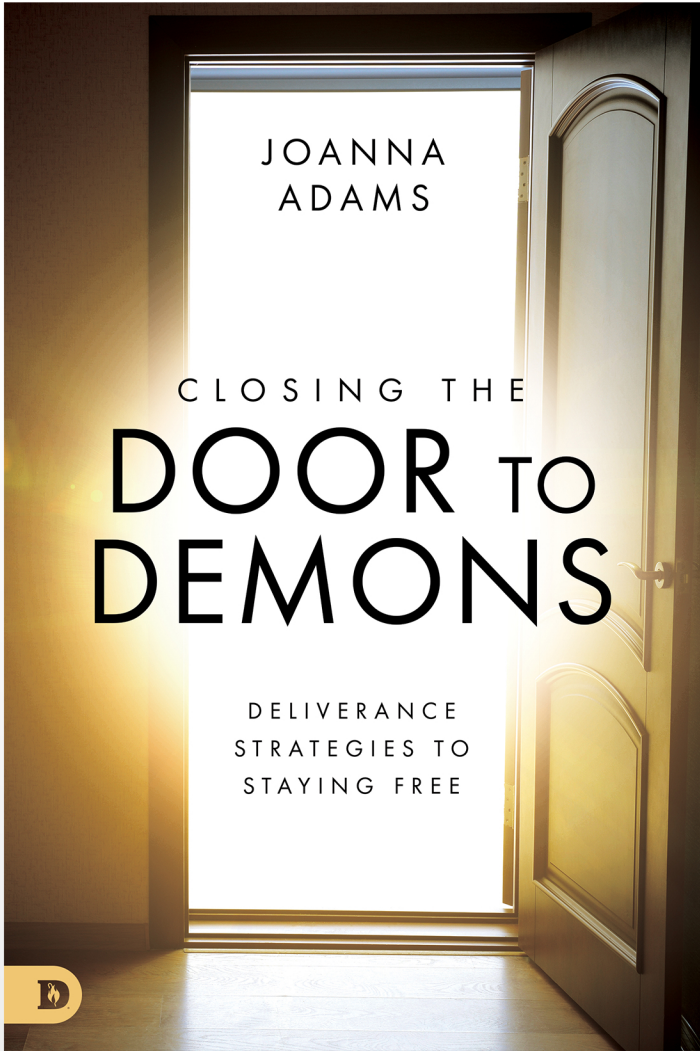


JOANNA
ADAMS

CLOSING THE
**DOOR TO
DEMONS**

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ENDORSEMENTS

Joanna Adams' faith is contagious. Her pursuit of the divine supernatural is passionate and her revelation of God's Word is eye-opening. Joanna has penned these God-given words not by the theories of men, but rather through the inspiration and instruction of the Holy Spirit—which brings freedom and life! In her new book, you will gain biblical wisdom, glean from personal testimonies, and comprehend the power of God that is available to set you totally free. Read this book and receive the deliverance you need!

JOSHUA MILLS
International Evangelist
International Glory Ministries
London, Ontario/Palm Springs, California

Joanna Adams is incredibly anointed as a speaker, deliverance minister, and now as an author. Joanna clearly explains how doors can be opened to demonic powers operating in our lives, as well as how to apply the blood of Jesus to rid ourselves of them. I have never seen such power in a corporate deliverance setting than when Joanna came to our church. She spoke to a full crowd and prayed with power and authority for individuals to be free from demonic strongholds. All of heaven broke loose! We have invited her back regularly ever since. Now, you can read the truths she gained in the secret place and from her years of effective ministry in her book *Closing the Door to Demons*. Joanna's ministry has affected not only my life

but the lives of my family. I highly esteem her as a friend, minister, and anointed woman of God.

PATRICIA BOOTSMA
Senior Associate Pastor
Catch the Fire, Toronto
Director, Catch the Fire House of Prayer

For eighteen years, I have watched Joanna grow from a young, dedicated student into a powerful woman of God who is being used mightily in international deliverance ministry. She is an anointed minister with incredible passion and heart. She is a woman of integrity and excellence who is fully dedicated to answering the call of God. I believe *Closing the Door to Demons* is yet another avenue where God will use Joanna to set the captives free. I am so thrilled that she has taken the step to publish this much-needed resource for the body of Christ.

DR. BILL SUDDUTH
Presiding Apostle and President
International Society of Deliverance Ministers
Founder, Righteous Acts Ministries, Inc.

Closing the Door to Demons will challenge your mindset and bring much-needed revelation to those struggling to live the life of freedom that Christ came to give. Complete liberty is possible, and this book shows you how!

RENÉ MCINTYRE
Founder, President, and Senior Pastor
Trumpet of Truth Christian Ministries

CLOSING THE
DOOR TO
DEMONS

CLOSING THE
DOOR TO
DEMONS

DELIVERANCE
STRATEGIES TO
STAYING FREE

JOANNA
ADAMS

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DEDICATION

I dedicate this book to the Lord. God, I pray that You would anoint and cover each page of this book so that everyone who reads it finds freedom in You.

ACKNOWLEDGMENTS

I could not have written this book alone, and I am very grateful to those who helped me make it a reality.

First and foremost, I thank my heavenly Father for encouraging me through various prophetic words that now was the time to write this book, and for bringing the right people into my life to help make it possible.

To my husband, Derek Adams—thank you for your support and for all the fantastic feedback and great ideas that you brought forth. Thank you for always being my biggest cheerleader and promoter. I love you very much and count it a privilege to walk this life together with you. The best is yet to come!

Thank you, Dr. Russ and Pastor Mave Moyer, for the support and love that you have shown me over the past eighteen years. You have given me many opportunities to grow as a minister. You are stellar examples of how to walk in love and integrity. I am grateful for the trust you have had in me and for the freedom you have given me to spread my wings and fly!

I say a very special thank you to Elisa Sorbara for tirelessly working alongside me to make this book become a reality. Thank you for your fantastic editing skills and for your patience with me. You are a spiritual daughter and I am so proud of you.

I thank my mom, Mary Distaulo, for her encouragement and support. Your words confirmed to me that I was on the right track, and that this book would be a very useful tool in the hands of Christians. You are a true teacher and a fantastic editor. Thank you, Mom.

I thank Joshua Mills, Bill Sudduth, René McIntyre, and Patricia Bootsma for their support and endorsement of my work.

Last, but not least, to my son, Malachi—thank you for being so generous with your time and for letting Mommy work on the book. You are an amazing little man of God who will do mighty things for Him. I am so proud of you! Love, Mommy.

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FOREWORD

What a pleasure it is to write the Foreword for Joanna's book, *Closing the Door to Demons*. Joanna Adams is an extremely able minister—a powerhouse for God. She is anointed and appointed to the ministry of deliverance and freedom for such a time as this. Joanna is, and has been, a spiritual daughter to my wife, Mave, and I for more than eighteen years. She has brought us much joy as we have watched her grow and become all that God intended her to be. To see her move in her spiritual giftings and ministry calling has been one of our greatest privileges.

In this excellent book, Joanna has very skillfully weaved practical information and application with testimonies—both from Scripture and real-life experience—to paint a beautiful picture of the delivering power of God for today!

Many argue and fuss over doctrine and theology. They ask why blood-bought Christians struggle

with demonic influence and oppression. The truth is that demons do not want to be discovered operating in and through our lives. When they remain hidden, they can go about their devilish tasks unhindered. I believe demons are also busy operating through people in the realm of theology, encouraging them to argue and debate endlessly over whether or not a Christian can have a demon. Meanwhile, practical and effective ministers are busy setting the captives free, so they can walk out a successful and balanced Christian life—one that is unencumbered by the enemy.

The Bible tells us that God's people are destroyed because of a *"lack of knowledge"* (Hosea 4:6). Jesus answered His prophetic mandate in Isaiah 61:4 to set the captives free and heal the brokenhearted. He declared and walked out His call to freedom ministry. One third of Jesus' recorded ministry was deliverance. He imparted to and launched His disciples to minister out of this same freedom ministry mandate.

While naysayers continue to argue, many are still caught up in the bondage of fear and repetitive sins. Addicts, alcoholics, and those suffering from sexual addictions do not always automatically stop struggling when they receive Jesus. We know this is true because we have worked with many who needed personal deliverance ministry and inner healing to truly be free. They gave their hearts to the Lord and their spirits were set free, but their souls are another issue. This is the part

of us that works out our salvation with fear and trembling. We must choose to actively pursue obedience in the process of sanctification while keeping a healthy fear of offending God through disobedience. Personal choice is big!

Christians believe that Jesus died so we might be healed. We have prayer lines. We have prayer calls. People even come and stand in proxy for one another. Ministers lay hands and call forth the healing power of God to set people free from physical infirmity and inner brokenness. Why would we neglect the ministry of deliverance?

Thank you, Joanna, for bringing freedom ministry—a ministry that is valid and valuable for today—to the forefront through your God-given revelation, your own experience, and the testimonies of others. May your wonderful book provoke many to pursue their own personal freedom. I pray that when people read this practical manual they will hear the call of God to pursue, pick up the mantle, and embrace the ministry of deliverance for themselves.

Thank you, Joanna, for the wonderful teaching and practical training revealed in *Closing the Door to Demons*.

With much love and blessing,
DR. RUSS MOYER, PRESIDENT
Eagle Worldwide Ministries

INTRODUCTION

MY PERSONAL FREEDOM EXPERIENCE

Do you feel like something is holding you back from experiencing your fullest destiny in God? Do you experience negative cycles of bondage to sin and wonder why you can't get victory? Are you bombarded with negative thoughts to the point where there is no peace in your mind? Do you feel like you are in the middle of a spiritual battle and don't know how to win?

If you answered yes to any of these questions, I want you to know that you are not alone! I myself had a checkmark beside each one of these questions. It wasn't until I received deliverance ministry that I was completely set free from my own cycles of sin, mental torment, and spiritual bondage.

My first experience with deliverance ministry was completely life changing. In 1996, at age 21, I became totally set on fire for God. My salvation experience was absolutely astounding. I answered an altar call while

attending a church that was preaching the uncompromised Word of God. Even though I did not understand what the minister was talking about, I knew that I wanted what he had. In that moment, I ran up to the front and the minister laid hands on me.

Immediately, I was slain in the Spirit and fell to the floor.

My body began to convulse. It was as if I was vomiting but I wasn't. Each time I convulsed, I saw a different sin that I had committed. My life was playing back before my eyes like a movie. Images of the drugs I had taken, the times I was intoxicated, the men I had slept with—I was seeing it all. I did not realize it at the time, but as I was seeing each sin, I was repenting for it and God was delivering me, right there on the church floor.

After that experience, I went from being a promiscuous partyer to a lovesick worshipper of God who took every opportunity to be in His presence.

After several minutes of this taking place, a beam of light hit me on the top of my head and filled my entire body. What felt like liquid love and acceptance filled my whole being. God, in His transformative power, had changed me. When I stood up, I was no longer the same person.

After that experience, I went from being a promiscuous partyer to a lovesick worshipper of God who took every opportunity to be in His presence. I wanted more of Him, and I wanted to dedicate all of my life to Him. I decided from that point forward, I was going to live a holy and pure life. As much as I was committed to living free from sin, there were still certain things that I struggled with. Three years into my salvation experience, I was still fighting secret sins from which I could not get free.

Even after serving Him for several years, I still did not understand what deliverance was. I also did not realize that I needed it. As my walk with God continued, I became increasingly ashamed and confused as to why I was not free. I would cry out to the Lord for Him to liberate me from falling back into the same old sinful patterns. As I called upon Him, I would feel a degree of freedom, but there was still a struggle going on inside me—one that was frustrating and hindering me from fully living for God in purity and holiness.

It was only after I experienced another form of deliverance ministry that I was completely set free from the spirits that had been keeping me in bondage to sin. I underwent a personal deliverance ministry session with Russ Moyer, who is the president of Eagle Worldwide Ministries. During the session, God delivered me from spirits that had been residing inside me

and had been causing me to fall repeatedly back into sin. I will never forget that day.

The session began with me reading a series of prayers aloud; I repented and renounced my sins and also the sins of my generations. I must admit, I was extremely embarrassed reading the prayers because I was still in a place where I was actively struggling with these sins. Regardless, I pressed through the embarrassment and read them with fervency.

Once I completed the prayers, Russ began calling spirits off and out of me, commanding that they leave me in the name of Jesus. I cried for several hours; and when it was over, I felt like I had helium balloons inside of me. It was as if I floated out of the room that day—and from that moment forward, I no longer struggled with those repetitive sins. I was absolutely free! I was so dramatically impacted and the change in me was so noticeable, that I returned to Russ the following week with some family members, so they could receive deliverance ministry as well.

Prior to my ministry session, I had never even heard of deliverance. I was a Christian, yes, but I had never heard it taught in church and I had never seen anyone receive a form of freedom ministry like I had received that day. I could never have imagined that fiery, passionate Christians could have a demon spirit dwelling inside them.

The measure of freedom I received during my deliverance session was completely transformative. My entire Christian walk was set ablaze from that point forward.

Looking back now, I can see that the measure of freedom I received during my deliverance session was completely transformative. My entire Christian walk was set ablaze from that point forward. I was now more passionate and zealous for the Lord than ever before. I no longer struggled with those habitual sins, and the connected guilt and shame were gone as well. I also began to think more clearly.

There was a new level of peace inside me and a new boldness of who I was in Christ. I did not realize it at the time, but God was also setting me free as a way of preparing me to help bring this same type of freedom to others. If I had not first received deliverance myself, I do not think that I would have been able to fully answer the call of God on my life.

There was a new level of peace inside me and a new boldness of who I was in Christ. I did not realize it at the time, but God was also setting me free as a way of preparing me to help bring this same type of freedom to others.

In 2003, I graduated from the Brownsville Revival School of Ministry in Pensacola, Florida. There, I had the opportunity to train with Bill Sudduth, who was part of the school's faculty at the time. His position involved leading, training, and equipping students to move in deliverance ministry. Bill Sudduth is now the head of the International Society of Deliverance Ministers (ISDM), a coalition of deliverance ministers from across North America and around the world, originally founded by C. Peter Wagner.

I began my deliverance training with Bill while studying at Bible school. He and his wife became spiritual parents to me. They lovingly mentored me and poured so much into my life. After graduation, I came as a missionary to Ontario, Canada, to serve with Russ Moyer in his ministry, Eagle Worldwide Ministries. He began training and mentoring me in deliverance ministry as well as prophetic ministry.

I also had the opportunity to train and learn from Roger Miller, a powerful deliverance minister from Tennessee, USA. He would frequently visit Eagle Worldwide Ministries in Canada. I would sit in with him during personal ministry sessions and also in times of group deliverance. Each of these deliverance ministers had their own methods and tactics. By working alongside them, I was able to glean, learn, and then implement the skills, tools, and anointings required to operate in deliverance ministry myself.

I feel strongly in the importance of deliverance ministry—when done properly—simply because I have seen the fruit of it firsthand in my own life, and subsequently in the lives of others. My hope is that this book will help you better understand what deliverance is, what the benefits of it are, and the need for it within the body of Christ, so that you too can walk in total freedom and answer the high call of God on your life!

In no way, however, do I claim to be an expert on deliverance. This book is simply an introduction to the idea that a Christian may need deliverance. It is a collection of testimonies, Scriptures, strategies, revelations, and guidelines that have been helpful to me in my walk as a Christian and as a deliverance minister.

As helpful as these tools have been, I still rely heavily on the Holy Spirit to tell me what is required for deliverance in each particular situation. I also understand and exercise my authority in Christ. All these elements together have resulted in the privilege of ministering deliverance successfully to many individuals and in maintaining freedom in my own life.

My prayer is that as you read this book, the Holy Spirit will move upon you and speak to you personally about each element and how it applies to your Christian walk. May you be blessed, and may the Lord help you walk in freedom every single day!

CHAPTER 1

CAN A CHRISTIAN HAVE A DEMON?

Is the possibility of a demon attacking a believer something that only happened in biblical times? Is it something that only occurred before Christ died on the cross? Do demons today only attack the unbeliever? Should we stay away from demons, letting them be, in order to protect ourselves from getting hurt? Do demons even still exist at all?

Many Christians today may ask these questions and more. While we do become new creations when we invite Jesus into our hearts, that does not necessarily mean that we instantaneously become free from every demon that had previously been attacking us—nor does that guarantee a demon will never bother us ever again.

In this chapter, we will explore and answer these very questions, using biblical truths and Scripture examples to assist with our exploration.

Can a Christian have a demon? Does every Christian need deliverance? I believe that the short answer is yes! While a Christian cannot be demon *possessed*, I believe a Christian can be demon *oppressed*. As mentioned in the Introduction of this book, I myself was a perfect example of this. Being demon oppressed essentially means that Christians can be influenced, affected, and tormented by demons, even though they are believers.

Why is it that some born-again believers, who love the Lord, struggle chronically with things like anger, anxiety, depression, addictions, sickness, fear, and worry? Christians are struggling because there are demonic spirits oppressing them. This is just a short list of problems that can have a demonic root.

Why is it that some born-again believers, who love the Lord, struggle chronically with things like anger, anxiety, depression, addictions, sickness, fear, and worry?

You are a spirit who has a soul, which lives in a body. In that respect, there are three parts to you: spirit, soul, and body. When you become a Christian, your spirit is immediately transformed and born again—clean and pure with no demonic activity. At the same time, your soul and your body begin the process of sanctification—the process of being made holy. Even though the

Holy Spirit is also there, He can only be as active as your soul and body allow Him to be. Demon spirits had been affecting your soul and body prior to the Holy Spirit coming in.

Many times, these oppressive spirits will leave on their own upon a person's conversion, because they hate the anointing of the Holy Spirit and the blood of Jesus. They also hate when a person is involved in anointed praise and worship, so they may flee voluntarily then as well.

I also believe, however, that many of these demons remain entrenched within a Christian's soul and body until they are actively driven out. Satan uses his demons to carry out assignments against Christians, and some of them do not abandon their assignment unless they are forced to do so. This was certainly the case in my own life, and this is why I believe it is extremely important for born-again believers to undergo some form of deliverance ministry in order to truly be free and able to walk in the fullness of their God-ordained destinies.

If, as a Christian, you pray regularly and do everything within your power to live a victorious, godly life, yet you still have areas that you can't get victory in, then I believe you should explore the notion that you could be experiencing demonic oppression and that you may need deliverance ministry.

Remember that satan is a deceiver. He wants Christians to believe that demons cannot affect them, or he wants Christians to be afraid of them, unaware of the authority they have over demons. In the King James Version in Hosea 4:6, God says, *“My people are destroyed for lack of knowledge...”* That is exactly what satan wants to happen. An unawareness of the demonic realm and how it can affect a Christian is the tool that satan can use to keep us in a place of torment. It is for this very reason that I have written this book.

DEMONS AND OPPRESSION

Let's start by discussing the demons themselves. I believe that demons are essentially fallen angels. When satan was cast out of heaven, his angels went with him. We read about this occurrence in Revelation 12:7-9 (ESV):

Now war arose in heaven, Michael and his angels fighting against the dragon. And the dragon and his angels fought back, but he was defeated, and there was no longer any place for them in heaven. And the great dragon was thrown down, that ancient serpent, who is called the devil and satan, the deceiver of the whole world—he was thrown down to the earth, and his angels were thrown down with him.

Satan is still roaming this earth. He is using his angels—what we know as demons—as his weapons to seek, kill, and destroy both the unbeliever and the believer alike. The difference is that believers have the authority in Christ to overcome him and his demons. They just need to be aware and knowledgeable about how to walk in this authority before they can exercise it successfully.

Satan is still roaming this earth. He is using his angels—what we know as demons—as his weapons to seek, kill, and destroy both the unbeliever and the believer alike.

Before we discuss how to exercise our authority as believers, we will first explore several ways in which we can identify if we or someone we know is being tormented by a demonic spirit and therefore require deliverance. As a deliverance minister, some of the most common indicators of demonic oppression that I have seen include: emotional disturbances; mind and thought life disturbances; outbursts or uncontrolled use of the tongue; uncontrollable fits of anger or rage; addictions; recurring nightmares; diseases or physical afflictions; and involvement in false religions, the occult, or false doctrines.

Emotional Disturbances

While everyone can experience emotional disturbances from time to time, these experiences become an indicator of demonic oppression when such disturbances are reoccurring, persistent, unexplainable, inescapable, or uncontrollable. A common example could be if someone is experiencing unexplainable continuous crying and sorrow. That person may be under the attack of a spirit of depression. If someone experiences overall emotional instability—going back and forth from feeling very high to feeling very low—this is a clear indicator that the individual needs freedom.

Mind and Thought Life Disturbances

Again, while we all experience this to some degree throughout our lives, these disturbances in our mind and thought life become an indicator of demonic oppression when they prevent us from having peace in our minds, keep us from functioning or sleeping properly, or prevent us from dwelling on God or the things of the Spirit.

Outbursts or Uncontrolled Use of the Tongue

If a Christian is praising God one minute and then swearing or cursing the next minute, this is an indicator that demonic oppression may be present in his or her life.

Uncontrollable Fits of Anger or Rage

If a Christian experiences anger to the point where it is uncontrollable, or is continuously angry at everything and everyone, this could indicate demonic oppression. While a Christian may not necessarily be an outwardly violent person or act on these impulses, reoccurring feelings of anger can still indicate a need for freedom.

Addictions

A Christian who is struggling with addictions of any nature may need deliverance—especially if that Christian has a desire to break the addiction but has been unsuccessful in all attempts to do so. Addictions can come in many forms. Commonly recognized addictions can be to things such as nicotine, alcohol, drugs, pornography, caffeine, or food. Less commonly recognized addictions can be to things such as video games, escapism, movies, and the occult. Any habit or behavior that controls a person—or that a person uses to alleviate pain—can be considered an addiction.

When Christians are tormented with bad dreams, or if they constantly experience dreams with ungodly themes such as excessive violence, perversion, or sexual impurity, this is an indicator that they require freedom.

Recurring Nightmares

When Christians are tormented with bad dreams, or if they constantly experience dreams with ungodly themes such as excessive violence, perversion, or sexual impurity, this is an indicator that they require freedom. For example, a person suffering with demonic oppression may wake up in fear, shaking or with night sweats, or may have a recurring nightmare or theme, such as being chased, being raped, or being killed. A spirit of Incubus or Succubus may sexually attack a person at night. This can be very disturbing and tormenting. All of these are indicators that freedom ministry is required.

Diseases or Physical Afflictions

Some illnesses and physical afflictions can be the result of a spiritual issue, such as a spirit of bitterness or a spirit of infirmity, as described in Luke 13:11-13 (ESV):

And behold, there was a woman who had a disabling spirit for eighteen years. She was bent over and could not fully straighten herself. When Jesus saw her, he called her over and said to her, "Woman, you are freed from your disability." And he laid his hands on her, and immediately she was made straight, and she glorified God.

Involvement in False Religions, the Occult, or False Doctrines

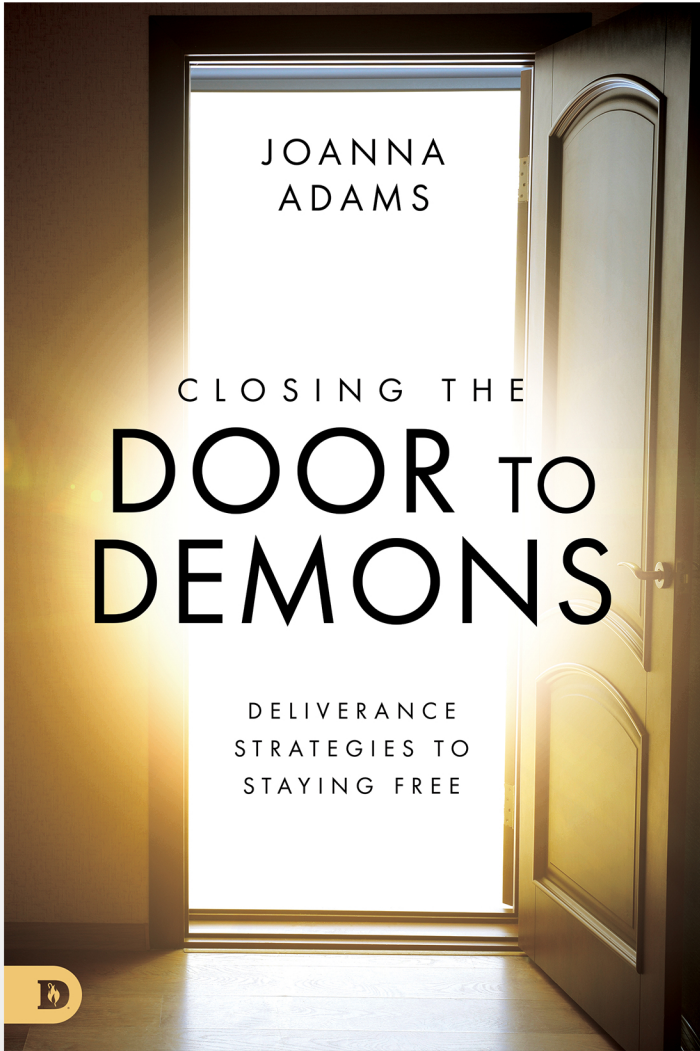
Whether it was before salvation or afterward, if a Christian has been involved in, practiced, read, or been indoctrinated with any kind of false religion, idol worship, witchcraft, occultism, spiritualism, false doctrines, Masonry, or anything of the like, that Christian will likely require deliverance ministry in order to be set free from the demonic spirits connected with these ungodly practices.

Spirits connected usually include fear and terror, infirmities or unusual illnesses, breathing problems, allergies, sinus issues, rebellion, and anger. People who have been involved with false religions or the occult often feel blocked, disconnected, and hindered from understanding the Word of God. This is often due to false doctrines they have been exposed to. Ultimately, they can feel disconnected from God and have a hard time experiencing His love and acceptance.

Christians may wonder why they struggle with one particular issue. They may blame themselves, get frustrated, or begin to believe that they are incapable of living a holy and completely consecrated life.

Often, Christians may wonder why they struggle with one particular issue. They may blame themselves, get frustrated, or begin to believe that they are incapable of living a holy and completely consecrated life. It is unfortunate when Christians feel this way, as often there is a demonic presence at play in their lives, causing them this difficulty. While we do have choices to make and a part to play in our own freedom, demonic oppression is very real and can cause Christians to slip up in their walk time and time again.

Yes, Christians can experience demonic attack; but the good news is that because we have been born again, we have all the necessary tools at our disposal to walk in the freedom that Christ died for us to have. Throughout this book, you will learn more about the different types of demonic oppression that a Christian may experience—and ways you can *receive your freedom*, and how you can *maintain that freedom* as you continue in your journey with the Lord.



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ABOUT JOANNA ADAMS

Joanna Adams is a graduate of the Brownsville Revival School of Ministry. As the deliverance director at Eagle Worldwide Ministries, she has a heart to see the captives set free. Joanna has firsthand experience helping Christians receive freedom through personal deliverance ministry. She leads freedom and healing conferences worldwide.

Joanna is also a round table member of the International Society of Deliverance Ministers. Joanna and her husband, Derek, are the senior pastors of Eagles' Nest Fellowship in Ancaster, Ontario, Canada. They travel internationally, bringing freedom to the oppressed, healing to the sick, and prophetic words to the body of Christ.

Joanna is grateful for God's precious gift, her wonderful son, Malachi.



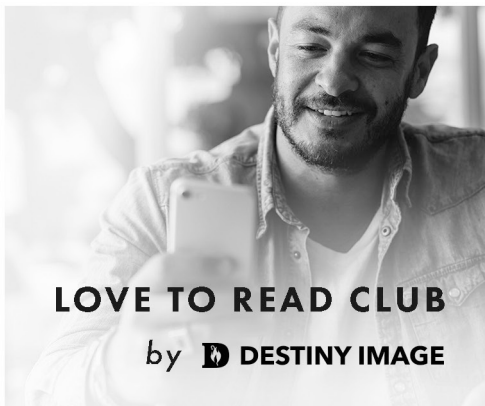
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